



NOVEMBER 2016: K-8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	New York Thursday 3	4
	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield Yogurt Served with Craisins & Granola Fresh Orange Slices	Blueberry Pancakes Served with Syrup Turkey Sausage Patty Hot Oatmeal 100% Fruit Juice	Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar Champlain Valley NY Apple Slices	Cheese Omelet Buttermilk Biscuit San Franola™ Granola Bowl 100% Fruit Juice
7	Election Day 8	9	New York Thursday 10	Veteran's Day 11
Egg and Cheese Pita Honey Corn Bread Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield Yogurt Served with Craisins & Granola Fresh Orange Slices	French Toast Sticks Served with Syrup Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Yogurt Parfait Whole Grain Croissant with Grape Jelly Honey Roasted Sunflower Seeds Champlain Valley NY Apple Slices	Bacon, Egg & Cheese in Soft Wrap Multi Grain Cheerios Upstate Farms® Yogurt 100% Fruit Juice
14	15	16	New York Thursday 17	18
Egg & Cheese Breakfast Sandwich Warm Very Berry Bread Land O'Lakes® Colby Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield Yogurt Served with Craisins & Granola Fresh Orange Slices	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty Hot Oatmeal 100% Fruit Juice	Upstate Farms® Peach Yogurt Apple Cinnamon Bread Whole Grain Bagel with Cream Cheese & Jelly Champlain Valley NY Apple Slices	Cheese Omelet Soft Wrap with Salsa Back to the Roots® Organic Cinnamon Cereal Bowl 100% Fruit Juice
21	22	23	Thanksgiving Recess 24	Thanksgiving Recess 25
Beef Sausage & White Cheddar Sandwich Warm Banana Bread Land O'Lakes® Colby Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield Yogurt Served with Craisins & Granola Fresh Orange Slices	Tasty Waffles Served with Syrup Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Upstate Farms® Strawberry Banana Yogurt Apple Cinnamon Granola Whole Grain Croissant with Cream Cheese & Jelly Honey Roasted Sunflower Seeds Champlain Valley NY Apple Slices	Turkey Breakfast Burrito with Taco Sauce Back to the Roots® Organic Purple Corn Flakes Bowl 100% Fruit Juice
28	29	30	 <p style="text-align: center; margin-top: 5px;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	
Turkey Bacon, Egg & Cheese Breakfast Toast Blueberry Bread Land O'Lakes® Cheddar Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield Yogurt Served with Craisins & Granola Fresh Orange Slices	Cinnamon Pancakes Served with Syrup Turkey Sausage Patty Hot Oatmeal 100% Fruit Juice		

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, 100% Fruit Juice, Assorted Cold Cereal
Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal
Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

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MENUS ARE SUBJECT TO CHANGE