



SEPTEMBER 2017 Pre-K - 8 Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| CHICKEN DELIGHTS | BURGER BASH | CULINARY | NEW YORK | PIZZA PARTY |
| Labor Day 4 | 5 | 6 | First Day of Classes 7 | 8 |
| <p>Classic Tuna on Ciabatta Bread</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>Garlic Knot</p> <p>Parmigiana Roasted Cauliflower</p> <p>Salad Bar Broccoli and Cranberry Salad</p> | <p>100% Beef Hamburgers & Cheeseburgers</p> <p>Turkey Burger</p> <p>Burgers served with Lettuce, Tomato & New York Onion</p> <p>Sweet Potato Waffle Fries</p> <p>Salad Bar Carrot & Lemon Salad</p> | <p>Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce</p> <p>Baked! Tostitos® Scoops® Brown Rice</p> <p>Teriyaki Chicken Sliders</p> <p>Sweet Plantains Seasoned Pinto Beans</p> <p>Salad Bar Fresh Cilantro Slaw</p> | <p>Popcorn Chicken Dipping Sauce Cup</p> <p>Mac-N-Cheese</p> <p>French Fries</p> <p>New York Cookie Treat</p> <p>Salad Bar Kale Salad Fresh New York Apples</p> | <p>French Bread Pizza</p> <p>Meat Lovers Pizza Bacon & Sausage</p> <p>Fruit Juice Ice</p> <p>Garlic Knot</p> <p>Green Garden Salad Salad Bar Italian Marinated Cucumber Salad</p> |
| 11 | 12 | 13 | New York Thursday 14 | 15 |
| <p>Chicken Parmigiana on a New York Bun</p> <p>Garlic Toast</p> <p>Roasted Zucchini</p> <p>Salad Bar Italian Classico Salad</p> | <p>100% Beef Hamburger & Cheeseburger Sliders</p> <p>Turkey Burger</p> <p>Burgers served with Lettuce Tomato & New York Onion</p> <p>Frito-Lay® SunChips®</p> <p>Orange Glazed Carrots</p> <p>Salad Bar Caesar Salad</p> | <p>"Super Chef" Shepard's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese</p> <p>Warm Dinner Roll Broccoli Trees</p> <p>Salad Bar Confetti Corn Salad</p> | <p>Jamaican Beef Patty</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>New York Hot Pretzel</p> <p>"Party Fries"</p> <p>Salad Bar Celery & Apple Salad New York Apple Slices</p> | <p>French Bread Pizza</p> <p>Bruschetta Pizza Fresh Tomatoes & Onions</p> <p>Chickpea Salad Hot Confetti Corn</p> <p>Salad Bar Roasted Broccoli & Cauliflower Salad</p> |
| 18 | 19 | 20 | Rosh Hashanah 21 | Rosh Hashanah 22 |
| <p>Popcorn Chicken Dipping Sauce Cup</p> <p>Mac-N-Cheese</p> <p>Fruit Juice Ice</p> <p>Sweet Potato Wedge Fries Brooklyn Baked Beans</p> <p>Salad Bar Green Garden Salad</p> | <p>100% Beef Bacon Cheddar Cheeseburger</p> <p>Fish & Cheese Sandwich</p> <p>Burgers served with Lettuce, Tomato & New York Onion</p> <p>French Fries</p> <p>Salad Bar Greek Zucchini Salad</p> | <p style="text-align: center;">Brunch</p> <p>Canadian Bacon, Egg & Cheese on a Bagel</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>Home Fries Garlicky Green Beans</p> <p>Salad Bar Spinach & Cranberry Salad</p> | <p>Steamed Chicken Dumplings with Asian Dipping Sauce</p> <p>Vegetable Fried Brown Rice</p> <p>Fruit Juice Ice</p> <p>Egg Roll with Duck Sauce</p> <p>Salad Bar Asian Slaw Fresh New York Apples</p> | <p>French Bread Pizza</p> <p>Pizza Supreme Sausage, Onions & Peppers</p> <p>Kid Friendly Kale Salad</p> <p>Salad Bar Fresh Marinated Vegetable Salad</p> |
| 25 | 26 | 27 | New York Thursday 28 | 29 |
| <p>Popcorn Chicken Dipping Sauce Cup</p> <p>Warm Dinner Roll</p> <p>Parmigiana Roasted Cauliflower</p> <p>Salad Bar Broccoli and Cranberry Salad</p> | <p>100% Beef Hamburgers & Cheeseburgers</p> <p>Turkey Burger</p> <p>Burgers served with Lettuce, Tomato & New York Onion</p> <p>Sweet Potato Waffle Fries</p> <p>Salad Bar Carrot & Lemon Salad</p> | <p>Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce</p> <p>Baked! Tostitos® Scoops® Brown Rice</p> <p>Teriyaki Chicken Sliders</p> <p>Sweet Plantains Seasoned Pinto Beans</p> <p>Salad Bar Fresh Cilantro Slaw</p> | <p>Classic Tuna on Ciabatta Bread</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>New York Cookie Treat</p> <p>French Fries</p> <p>Salad Bar Kale Salad Fresh New York Apples</p> | <p>French Bread Pizza</p> <p>Meat Lovers Pizza Bacon & Sausage</p> <p>Fruit Juice Ice</p> <p>Garlic Knot</p> <p>Green Garden Salad Salad Bar Italian Marinated Cucumber Salad</p> |
|  <p style="text-align: center;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p> | | | | |

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| <p>Entree Alternatives</p> <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go | <p style="text-align: center;">Milk</p> <p style="text-align: center;">1% Low-fat Fat Free Fat Free Chocolate</p> <p style="text-align: center;">Dipping Sauce Cups</p> <p style="text-align: center;">BBQ, Ranch, Honey Mustard</p> | <p style="text-align: center;">OFFERED DAILY</p> <p>Seasonal Fresh Fruit Apples, Oranges, Bananas, Pears</p> <p style="font-size: small; color: yellow;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> | <p>Dressings</p> <p>Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</p> | <p>Pizza and Pasta Flavor Station</p> <p>Granulated Garlic Red Pepper Flakes Parmesan Cheese</p> <p style="text-align: right;">Pre-K - 8 Lunch Menu</p> |
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK